Center for Life Long Learning
CWW Fall 2026 Course Offerings

Senior Community Services (SCS) is pleased to provide this exciting array of classes to educate, inspire, and encourage you. Created specifically to serve adults 50+ in western Delaware County, the ***Center for Life Long Learning*** (CLLL) brings adult education offerings to you at several locations. SCS, a non-profit agency, also works in many other ways to keep older adults living independently. Established in 1977, SCS today operates four Senior Centers within Delaware County. Check out what our other centers are up to by visiting www.scsdelco.org. To find out more on programs/classes below, please call Faith Ferebee at **484-496-2143** or fferebee@scs-delco.org.

Watercolor

Learn techniques, materials, tools, color mixing, and other approaches with a focus on individual needs. If needed, get supply list at first class.
Instructor: Marie Gilligan

ASTON
Intermediate – Advanced Class
10 sessions, **Thursday** **$60**
9/24, 10/1, 10/15, 10/22, 10/29,
11/5, 11/12, 11/19, 12/3, 12/10
10:00 AM – 12:00 PM

CONCORD SENIOR CENTER
Intermediate – Advanced Class
10 sessions, **Wednesday** 9/23, 9/30, 10/7, **$60**
10/14, 10/21, 10/28, 11/4, 11/18, 12/2, 12/9
10:00 AM – 12:00 PM

Acrylic Painting

Learn skills and techniques specific to acrylic painting. Through demonstrations, you will be taught color, materials, and even art history along the way! Supply list will be sent out beforehand, some are provided.
Instructor: James McKay

ASTON
6 sessions, **Wednesday** **$40**
9/23, 9/30, 10/7, 10/14, 10/21, 10/28
1:00 PM – 3:00 PM

Intro to Pastels

Looking to try a new form of art: Join this class, and learn about different types of pastels and the techniques specific to them. Inquire about supply list, some are provided.
Facilitator: James McKay

BROOKHAVEN
6 sessions, **Monday**
9/21, 9/28, 10/5, 10/19, 10/26, 11/9 **$40**
1:00 PM – 3:00 PM

Gold Zumba

Join this popular form of fitness paired with zesty Latin music, like salsa, merengue, cumbia, and more. Zumba helps improve movement, flexibility, strength, and tone.
Instructor: Lavinia Ferguson

ASTON
9 sessions, **Tuesday** **$50**
9/29, 10/6, 10/13, 10/20, 10/27, 11/10, 11/17, 12/1, 12/8
1:00 PM – 2:00 PM

CONCORD COMMUNITY CENTER
8 sessions, **Monday** **$45**
9/28, 10/5, 10/26, 11/2, 11/9, 11/16, 11/30, 12/7
12:30 PM – 1:30 PM

SCHOOLHOUSE CENTER
8 sessions, **Monday** **$45**
9/28, 10/5, 10/26, 11/2, 11/9, 11/16, 11/30, 12/7
2:30 PM – 3:30 PM

Chair Zumba

Join our fun and lively exercise class where students can sit, dance, and workout – all at once! This form of fitness engages the body in a healthy way while improving strength and flexibility.
Instructor: Lavinia Ferguson

BROOKHAVEN
9 sessions, **Wednesday** ~ 9/30, 10/7, **$50**
10/14, 10/2, 10/28, 11/4, 11/18, 12/2, 12/9
2:30 PM – 3:30 PM

Line Dancing

Get ready to boot-scott, laugh and stomp your way to fun in this beginners line dance. No experience is required, no partner is needed and good times are guaranteed as you learn awesome steps to incredible fun music. Line dance will also help with mobility, increase strength, flexibility, stamina, and balance.

Instructor: Lisa Cooper

BROOKHAVEN
6 sessions, **Tuesday** **$36**
9/22, 9/29, 10/6, 10/13, 10/20, 10/27
2:00 PM - 3:00 PM

Breslin Law Firm

Keep Your Brain Healthy as You Age. What Research Shows. Dementia is not inevitable.
Dr. Kathleen Breslin, a board-certified neuropsychologist, will review ways to keep your brain as sharp as possible: the science, the myths and what is on the horizon. ***Dana Breslin,*** Esq., a certified elder law attorney, will discuss which treatments Medicare & Supplemental health insurance covers.
Widows/Widowers: Presenter Dana Breslin, Esq.
Learn about the specific laws and resources in place for those who are a widow/widower.

ASTON: Widow/Widowers
Thursday, 10/1 at 1:00 PM **NO FEE**

BROOKHAVEN: Keep your Brain Healthy
Thursday,10/15 at 1:00 PM **NO FEE**

SCHOOLHOUSE: Keep your Brain Healthy
Thursday, 10/22 at 1:00 PM **NO FEE**

Dana Breslin, Esq. from Breslin, Murphy, and Roberts Law Firm (formerly Pappano & Breslin)

Book Club

Enjoy a delightful conversation and make new friends in a relaxing atmosphere by joining the book discussion group. The book is "**Theo of Golden" by Allen Levi**
Please read book before class.
Facilitator: Dianne Caggiano

ASTON
Wednesday, 9/16 at 1:00 PM **NO FEE**

Internet Awareness

Recognize common warning signs of a scam. Learn how scammers use phone calls, text messages, emails, etc. to gain access to money and personal information.
Facilitator: Ed Sabine

SCHOOLHOUSE CENTER
Tuesday, 9/22 **NO FEE**
2:15 – 3:15 PM

PA MEDI Presentations

PA MEDI Medicare Presentations are **one-hour** informative talks and are available in-person/virtually through Zoom. Presentation topics include:

- Fall 2026 Medicare Updates
- How to Complete a Medicare Health Plan Comparison
- Medicare 101
- 2026 Medicare Supplemental Plans
- Extra Help/Medicare Savings Program

Presenter: DELCO PA MEDI Medicare Counselor
Multiple dates/times available **NO FEE**
To Register for a Presentation, contact Louisa Mygatt
Email: Louisaapprise@yahoo.com or Call PA MEDI Medicare Director Glenda Radical at (484) 494-3769

PA MEDI Counseling

PA Medicare Individual Counseling Sessions are **Forty-five minutes to One-hour sessions** scheduled to assist the Medicare Recipient and Potential Medicare Beneficiaries with Medicare questions, concerns, plan comparisons, and enrollment into Medicare Advantage Plans, Part D Prescription Plans, Medicare Cost Savings Programs, and Medigap.
Every 2nd & 4th Wednesday from 10:00 AM – 2:00 PM
Contact Faith Ferebee to schedule 484-496-2143

COURSE LOCATIONS

Aston Community Center *
3270 Concord Road
Aston, PA 19014

Brookhaven Municipal Building *
2 Cambridge Road
Brookhaven, PA 19015

Concord Senior Center *
817 Concord Road
Glen Mills, PA 19342

Concord Community Center *
43 Thornton Road
Glen Mills, PA 19342

Schoolhouse Center *
600 Swarthmore Avenue
Folsom, PA 19033

Contact: Faith Ferebee
484-496-2143

***** Please do not call the townships directly. Township employees may not be familiar with program details.

The mission of Senior Community Services is to promote independent and meaningful living for older adults through direct services and programs in the home and community

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FALL 2026 Registration Form

MAIL THIS FORM WITH PAYMENT TO:
Senior Community Services, 600 Swarthmore Avenue, Folsom, PA 19033
Attention: Faith Ferebee

First Name **Middle Initial** **Last Name**

Home Address (include number and street or box no.)

City **State** **Zip** **Phone Number**

E-Mail Address (include for class updates)

COURSE NAME	COURSE DAY/TIME	COURSE LOCATION	FEE
			$
			$
			$
			$

Method of Payment:

❑	**Check** or **Money Order** enclosed, made payable to ***Senior Community Services***
❑	**Credit Card:** American Express ❑ Discover ❑ MasterCard ❑ Visa ❑
	Expiration Date: ___/____ **3 digit security code # on back of card:** (_____)
	Account #: _____
❑	Via **PayPal** at @scsdelco. *Please include the name of the class/classes in description.