

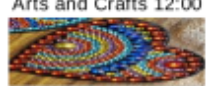



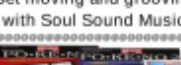



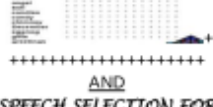

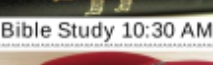
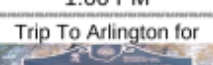












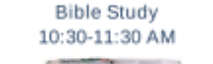





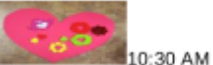

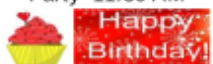


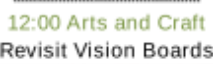



Good Neighbor Senior Center Program Calendar

February 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Bible Study 10:30 AM  Arts and Crafts 12:00 TRUTH OR TALE About The Unique Month Of February 1:00 PM	2 HBM Delivery Line Dancing With Renee at 10:30 Friday Fun Facts for  AND 
5 HBM Delivery MOVEMENT MONDAY 10:30AM – 11:30 AM  Get moving and grooving with Soul Sound Music  12:30 POKENG 1:00 PINOCHLE	6 10:00 AM Widener Nurses  Arts And Crafts 10:30  Nurse Joy Presents useful information on  HEART HEALTH 12:30 PM	7 HBM Delivery Black History Month  Word Search Find the following words:  AND SPEECH SELECTION FOR BHM CELEBRATION  at 12:30	8 Bible Study 10:30 AM  Red Hatters Gathering 1:00 PM Trip To Arlington for  *Pre-registration Required*	9 HBM Delivery Free BINGO 10:30 AM – 2:00 PM  With A Spin On Black History Month ALSO A Pre Super Bowl Luncheon  Registration A MUST! Sponsored by Dellosa & Womack
12 HBM Delivery Current African American Leaders Power Point and Memory Match Game 10:30 AM  Book Club Interest at 12:30 12:30 POKENG 1:00 PINOCHLE	13  10:30 Cardio Drumming  12:30 COGNITIVE RESOURCE KIT  12:30 POKENG	14 HBM Delivery Be Kind to Your Heart Happy Valentine's Day  Sweets for the Sweets Dessert Party 12:30 PM 12:30 POKENG 1:00 PINOCHLE	15 Bible Study 10:30 – 11:30 AM  Arts and Crafts 12:00 PM  CHAIR YOGA 1:00 PM	16 HBM Delivery Line Dancing With Renee at 10:30  Would You Rather??? Fun Game of Black History Month Experiences 12:30 PM
19  PRESIDENTS DAY All SCS Offices and Centers are Closed.	20 Arts And Crafts 10:30  SEPTA and DELCO Information Table 12PM – 2:00 PM Tuesday Trivia For Presidents Day  2:00 PM Matinee lady sitting My Year With Nana at the End of Her Century	21 HBM Delivery Fun Day of Anagrams Karaoke & other activities. Arden Theatre Trip  2:00 PM Matinee lady sitting My Year With Nana at the End of Her Century	22 Bible Study 10:30-11:30 AM  Arts and Crafts 12:00 PM Speech Prep and Rehearsal 1:00 PM 	23 HBM Delivery  BREAKING NEWS African American News Makers Past and Present 10:30 AM  Main Line Health Presents "Healthy Heart" Lunch & Learn 12:30 PM
26 HBM Delivery Movie Monday.  Admit One Family Movie Night For: _____ Date: _____ Time: _____ 10:30 AM Snacks at Small Fee  12:30 POKENG 1:00 PINOCHLE	27 Arts And Crafts 10:30 AM  Black History Month Speech Presentations  12:30 PM	28 February Birthday Party 11:30 AM  Happy Birthday! Rep. David M. Dellosa 162nd District 11 – 1 PM  Mobile constituent services 12:30 POKENG 1:00 PINOCHLE	29 Leap Year Day 10:30 Bible Study  12:00 Arts and Craft Revisit Vision Boards 	Reach out to someone you know who might need a word of cheer. Send a  Homemade Valentine's Day CARD

We Are Doing More In '24

1085 Hook Road, Sharon Hill PA, 19079 ~ Phone: 610-586-8170