




Chester Senior Center~ Program Calendar

October 2019

Mon	Tue	Wed	Thu	Fri
OCTOBER 5 Welcome Home Day!! 10:30 am – 12:30 pm Community Shredding Event 11:00 am-12:00 pm Art Class Demonstrations 12:00 -3:00 pm Vendors & Shopping 2:00 -6:00 pm POTTY BINGO FUNDRAISER Momma Mia's Kitchen	1 9:00-7:30 Pinochle Club 9:00 Chiropractor Is In 10:00 Walking Club 10:00 Dominoes 10:00 Jewelry Making 10:30 Sit and Get Fit 11:00 Pictionary 1:00 Bingo 5:00 SmartPhone Help 5:00 Cardio Exercise Class 5:30 Bible Study 6:00 Line Dancing	2 9:00 Pinochle Club 10:00 Dominoes 10:00 Walking Club 11:00 Chair Yoga 11:00 Tap Dancing 11:00 Pokemo 1:00 Bingo	3 9:00 Pinochle Club 9:00 Legal Aide/APPRISE 9:00 Chiropractor Is In 10:00 Walking Club 10:00 Wellness Center 10:00-11:30 SmartPhone Help 10:30 Sit and Get Fit 11:00 Wii Bowling 11:00 – 1:00 Individual Computer Help 11:15 Ceramics 1:00 Bingo	4 9:00 Pinochle Club 9:00 Creative Paper Crafting 10:00 Walking Club 10:00-1:00 Sewing Class 10:00 Adult Coloring 10:30 Table games 1:00 Bingo
7 9:00 Pinochle Club 10:00 Dominoes 10:00 Mosaics 10:00 Senior Inspiration 10:00 Adult Coloring 10:00-1:00 Benefits Support w/ Phoebe 11:00 Wii Bowling 1:00 Watercolor Class 1:00 Pencil Drawing 1:00 Bingo <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> CAPE COD TRIP October 6-10 </div>	8 9:00-7:30 Pinochle Club 9:00 Chiropractor Is In 10:00 Walking Club 10:00 Dominoes 10:00 Jewelry Making 10:30 Sit and Get Fit 11:00 JINGO 12:00 Card Making Class 1:00 Bingo 5:00 SmartPhone Help 5:00 Cardio Exercise Class 5:30 Bible Study 6:00 Line Dancing	9 9:00 Pinochle Club 10:00 Walking Club 10:00 Dominoes 10:00 Gospel Aerobics 11:00 Tap Dancing 11:00 Chair Yoga 11:00 Trivia Challenge 1:00 Bingo	10 9:00 Pinochle Club 9:00 Legal Aide/APPRISE 9:00 Chiropractor Is In 10:00 Walking Club 10:00 Wellness Center 10:00-11:30 SmartPhone Help 10:30 Sit and Get Fit 11:00 Cigna Health - 2020 11:00 – 1:00 Individual Computer Help 11:15 Ceramics 1:00 Big Bingo	11 9:00 Pinochle Club 9:00 Creative Paper Crafting 10:00 Walking Club 10:00 Dominoes 10:00-1:00 Sewing Class 10:00 Adult Coloring 10:30 Table Games 1:00 Bingo
14 CENTER CLOSED HAPPY COLUMBUS DAY!! <div style="display: flex; align-items: center;"> <div style="writing-mode: vertical-rl; transform: rotate(180deg); font-size: small; margin-right: 5px;">Columbus Day</div>  </div>	15 9:00-7:30 Pinochle Club 9:00 Chiropractor Is In 10:00 Walking Club 10:00 Dominoes 10:00 Jewelry Making 10:30 Sit and Get Fit 11:00 Sowing Good Seeds Nutrition & Wellness 11:30 Pool Tournament @ Chester vs. SCH 12:30 Red Hatters 1:00 Bingo 5:00 SmartPhone Help 5:00 Cardio Exercise Class 5:30 Bible Study 6:00 Line Dancing	16 9:00 Pinochle Club 10:00 Walking Club 10:00 Dominoes 10:00 Gospel Aerobics 11:00 Clover Health Plan 2020 11:00 Chair Yoga 11:00 Tap Dancing 12:30 Book Club 1:00 Zumba 1:00 Bingo	17 9:00 Pinochle Club 9:00 Legal Aide/APPRISE 9:00 Chiropractor Is In 10:00 Walking Club 10:00 Wellness Center 10:00-11:30 SmartPhone Help 10:30 Sit and Get Fit 10:30 Vision Health Talk 11:00 Medicare Update 2020 11:00 – 1:00 Individual Computer Help 11:15 Ceramics 1:00 Bingo	18 9:00 Pinochle Club 9:00 Creative Paper Crafting 10:00 Walking Club 10:00 Dominoes 10:00-1:00 Sewing Class 10:00 Adult Coloring 10:30 – 2:00 Hoagie Day & Special Bingo Fundraiser
21 9:00 Pinochle Club 10:00 Walking Club 10:00 Mosaics 10:00 Dominoes/Table Games 10:00-1:00 Benefits Support w/ Phoebe 10:00 Adult Coloring 11:00 Zumba 1:00 Watercolor Class 1:00 Pencil Drawing 1:00 Bingo <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> Get Fit Challenge!! October 21-31 </div>	22 9:00-Pinochle Club 9:00 Chiropractor Is In 10:00 Walking Club 10:00 Dominoes 10:00 Jewelry Making 10:30 Sit and Get Fit 11:00 Trauma Informed Community 12:00 Card Making Class 1:00 Bingo 5:00 SmartPhone Help 5:00 Cardio Exercise Class 5:30 Bible Study 6:00 Line Dancing	23 9:00 Pinochle Club 10:00 Walking Club 10:00 Dominoes 10:00 Gospel Aerobics 11:00 Aetna Health - 2020 11:00 Chair Yoga 11:00 Tap Dancing 1:00 Zumba 1:00 Bingo	24 9:00 Pinochle Club 9:00 Legal Aide/APPRISE 9:00 Chiropractor Is In 10:00 Walking Club 10:00 Wellness Center 10:00-11:30 SmartPhone Help 10:30 Sit and Get Fit 11:00 – 1:00 Individual Computer Help 11:00 Quizzo w/ DJ John 11:15 Ceramics 1:00 Big Bingo BREAST CANCER AWARENESS DAY POWER in PINK!!!	25 9:00 Pinochle Club 9:00 Creative Paper Crafting 10:00 Walking Club 10:00 Dominoes 10:00-1:00 Sewing Class 11:00 -1:00 October Birthday Party 1:00 Bingo
28 9:00 Pinochle Club 10:00 Dominoes/Table Games 10:00 -3:00 Bingo Marathon 10:00-1:00 Benefits Support w/ Phoebe 10:00 Adult Coloring 1:00 Watercolor Class 1:00 Pencil Drawing	29 9:00-Pinochle Club 9:00 Chiropractor Is In 10:00 Walking Club 10:00 Dominoes 10:00 Jewelry Making 10:30 Sit and Get Fit 11:00 – 12:00 Senior Exploitation Forum 1:00 Bingo 5:00 SmartPhone Help 5:00 Cardio Exercise Class 5:30 Bible Study 6:00 Line Dancing	30 9:00 Harrington Casino Trip 9:00 Pinochle Club 10:00 Walking Club 10:00 Dominoes 11:00 Rice Game 11:00 Chair Yoga 11:00 Tap Dancing 1:00 Zumba 1:00 Bingo	31 9:00 Pinochle Club 9:00 Legal Aide/APPRISE 9:00 Chiropractor Is In 10:00 Walking Club 10:00 Wellness Center 10:00-11:30 SmartPhone Help 10:30 Sit and Get Fit 11:00 Bible Study w/ Rev. Esther Newton 11:00 Wii Bowling 11:00 – 1:00 Individual Computer Help 11:15 Ceramics 1:00 Bingo	For Further information or to volunteer, visit 721 Hayes Street, Chester, PA Call 610-497-3550 or visit our website www.scs-delco.org <div style="text-align: center; margin-top: 20px;">   </div>

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