





Chester Senior Center~ Program Calendar

January 2020

Mon	Tue	Wed	Thu	Fri
 <p>SCS SENIOR COMMUNITY SERVICES</p>  <p>NISC NATIONAL INSTITUTE OF SENIOR CENTERS</p>	<p>For Further information or to volunteer, visit 721 Hayes Street, Chester, PA Call 610-497-3550 or visit our website www.scs-delco.org</p>	<p>1</p> <p>WELCOME 2020!! CENTER IS CLOSED</p> 	<p>2</p> <p>9:00 Pinochle Club 9:00 Legal Aide/APPRISE 9:00 Chiropractor Is In 10:00 Walking Club 10:00 Wellness Center 10:30 Sit and Get Fit 11:00 Bible Study 11:00 Pokemo 11:00 Ceramics 1:00 Bingo</p>	<p>3</p> <p>9:00 Pinochle Club 9:00 Creative Paper Crafting 10:00 Walking Club</p> <p>10:00-1:00 Sewing Class 10:30 Adult Coloring 10:30 Table games</p> <p>11:00 – 12:00 To Live Your Best Life Club 1:00 Bingo</p>
<p>6</p> <p>9:00 Pinochle Club 10:00 Dominoes 10:00 Adult Coloring 10:00 Senior Inspiration</p> <p>10:00-1:00 Benefits Support w/ Phoebe 11:00 Zumba 1:00 Watercolor Class 1:00 Pencil Drawing 1:00 Bingo</p>	<p>7</p> <p>9:00-7:30 Pinochle Club 9:00 Chiropractor Is In 10:00 Walking Club 10:00 Dominoes 10:00 Jewelry Making 10:30 Adult Coloring 10:30 Sit and Get Fit 11:00 Jingo 1:00 Bingo</p> <p>NO EVENING CLASSES</p>	<p>8</p> <p>9:00 Pinochle Club 10:00 Walking Club 10:00 Dominoes 10:30 – 11:30 Hearing Health Presentation 11:00 Tap Dancing 11:00 Wii Bowling 1:00 Zumba 1:00 Bingo</p>	<p>9</p> <p>9:00 Pinochle Club 9:00 Legal Aide/APPRISE 9:00 Chiropractor Is In 10:00 Walking Club 10:00 Wellness Center 10:30 Sit and Get Fit 11:00 Bible Study 11:00 Trivia 11:00 Ceramics 1:00 Big Bingo</p>	<p>10</p> <p>9:00 Pinochle Club 9:00 Creative Paper Crafting 10:00 Walking Club 10:00-1:00 Sewing Class</p> <p>10:30 Adult Coloring 10:30 Table games 11:00 – 12:00 To Live Your Best Life Club 1:00 Bingo</p>
<p>13</p> <p>9:00 Pinochle Club 10:00 Dominoes 10:00 Adult Coloring 10:00-1:00 Benefits Support w/ Phoebe</p> <p>11:00 Zumba 1:00 Watercolor Class 1:00 Pencil Drawing 1:00 Bingo</p>	<p>14</p> <p>9:00-7:30 Pinochle Club</p> <p>9:00 – 12:00 Individual Computer Instruction 9:00 Chiropractor Is In 10:00 Walking Club 10:00 – 11:00 Coffee & Chat with Congresswoman Scanlon 10:00 Jewelry Making 10:30 Sit and Get Fit 10:30 Adult Coloring 11:00 Spelling Bee 12:00 Card Making 1:00 Bingo</p> <p>NO EVENING CLASSES</p>	<p>15</p> <p>9:00 Pinochle Club 10:00 Walking Club 10:00 Dominoes 10:00 Gospel Aerobics 11:00 Chair Yoga 11:00 Tap Dancing 11:00 Hat Stories & Hot Chocolate 12:30 Book Club 12:30 – 3:00 Individual Computer Instruction 1:00 Zumba 1:00 Bingo</p> <p>National Hat Day "Wear a Special Hat"</p>	<p>16</p> <p>9:00 Pinochle Club 9:00 Legal Aide/APPRISE 9:00 Chiropractor Is In 10:00 – 11:30 Smartphone Help 10:00 Walking Club 10:00 Wellness Center 10:00 Vision Care 10:30 Sit and Get Fit 11:00 – 12:00 Herbal Wellness Presentation 11:00 Bible Study</p> <p>11:00 – 1:00 Individual Computer Instruction 11:00 Ceramics 1:00 Bingo 1:00 Line Dancing</p>	<p>17</p> <p>9:00 Pinochle Club 9:00 Creative Paper Crafting 10:00 Walking Club 10:00 Dominoes 10:00-1:00 Sewing Class</p> <p>10:00 – 1:00 MLK DAY OF SERVICE With Strath Haven Middle School *Letters/Cards to our Troops *Gifts for our Homebound *Friendly Calls to Sick & Shut In</p> <p>12:00-2:00 Mobility Clinic With Widener University Physical Therapy 1:00 Bingo</p>
<p>20</p>  <p>Center Closed</p> <p>Martin Luther King Jr. Day</p>	<p>21</p> <p>9:00-Pinochle Club 9:00 – 12:00 Individual Computer Instruction 9:00 Chiropractor Is In 10:00 Walking Club 10:00 Dominoes 10:00 Jewelry Making 10:30 Pearls of Wisdom from Michelle O'Bama 10:30 Sit and Get Fit 11:00 Reflections On Dr. Martin Luther King 12:30 Red Hatters 1:00 Bingo 5:00 Cardio Exercise Class 5:30 Advisory Council Meeting 5:30 Bible Study 6:00 Line Dancing</p>	<p>22</p> <p>9:00 Pinochle Club 10:00 Walking Club 10:00 Dominoes 10:00 Gospel Aerobics 11:00 Chair Yoga 11:00 Tap Dancing 11:00 Wii Bowling 12:30 – 3:00 Individual Computer Instruction 1:00 Zumba 1:00 Bingo</p>	<p>23</p> <p>9:00 Pinochle Club 9:00 Legal Aide/APPRISE 9:00 Chiropractor Is In 9:00 Computer Room 10:00 – 11:30 Smartphone Help 10:00 Walking Club 10:30 Sit and Get Fit 11:00 Bible Study</p> <p>11:00 – 1:00 Individual Computer Instruction 11:00 Ceramics 1:00 Big Bingo 1:00 Line Dancing</p>	<p>24</p> <p>9:00 Pinochle Club 9:00 Computer Room 9:00 Creative Paper Crafting 10:00 Walking Club 10:00 Dominoes 10:00 Adult Coloring 10:00-1:00 Sewing Class</p> <p>11:00 – 12:00 To Live Your Best Life Club 1:00 Bingo</p>
<p>27</p> <p>9:00 Pinochle Club 10:00 Dominoes/Table Games 10:00-1:00 Benefits Support w/ Phoebe</p> <p>10:00-3:00 BINGO MARATHON 1:00 Watercolor Class 12:30 Pencil Drawing</p>	<p>28</p> <p>9:00-Pinochle Club 9:00 – 12:00 Individual Computer Instruction 9:00 Chiropractor Is In 10:00 Walking Club 10:00 Dominoes 10:00 Jewelry Making 10:30 Sit and Get Fit 11:00 Healthy Together w/ Cigna 12:00 Card Making 1:00 Bingo 5:00 Cardio Exercise Class 5:30 Bible Study 6:00 Line Dancing</p>	<p>29</p> <p>9:00 HARRINGTON CASINO TRIP 9:00 Pinochle Club 10:00 Walking Club 10:00 Dominoes 10:00 Gospel Aerobics 11:00 Chair Yoga 11:00 Tap Dancing 11:00 Name That Tune 12:30 – 3:00 Individual Computer Instruction 1:00 Zumba 1:00 Bingo</p>	<p>30</p> <p>9:00 Pinochle Club 9:00 Legal Aide/APPRISE 9:00 Chiropractor Is In 10:00 – 11:30 Smartphone Help 10:00 Walking Club 10:00 Wellness Center 10:00 Vision Care 10:30 Sit and Get Fit 11:00 Bible Study 11:00 – 12:00 To Live Your Best Life Club 11:00 – 1:00 Individual Computer Instruction 11:00 Ceramics 1:00 Bingo 1:00 Line Dancing</p>	<p>31</p> <p>9:00 Pinochle Club 9:00 Creative Paper Crafting 10:00 Walking Club 10:00 Dominoes 10:00 Adult Coloring 10:00-1:00 Sewing Class</p> <p>11:00-12:00 Birthday Celebration With Ms. Tyra N. Starr</p>

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