



Health  
&  
Wellness

Thursday, May 10

11:00 AM to 1:00 PM

Brookhaven Municipal Building

2 Cambridge Road, Brookhaven, PA 19015

**Senior Community Services Invites you to attend a**

## **F r e e   H e a l t h   F a i r**

This health fair will provide important health and wellness information for seniors and their families, health providers from various organizations such as Crozer Keystone Health System, Riddle Hospital, Penn State University, Delaware County Extension, Visiting Angels (providing information on Alzheimer's and Fall Prevention), Apprise Program, Senior Community Services, COSA and many more will be in attendance.

Riddle and Crozer will be providing information on wound care, sleep disorders, fitness, nutrition, stroke prevention, hospice care, and oncology, CPR demonstrations, heel scan testing and blood pressures screening will also be offered.

Energy saving give away will be distributed by PECO.

For more information, please contact **Senior Community Services**  
**484-496-2143.**

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