Chester Senior Center~ Program Calendar

February 2020

Mon	Tue	Wed	Thu	Fri
3 9:00 Pinochle Club 10:00 Dominoes 10:00 Adult Coloring 10:00 Senior Inspiration 10:30 Mosaics *11:00 Zumba* 1:00 Watercolor Class 1:00 Pencil Drawing 1:00 Bingo	4 9:00-7:30 Pinochle Club 9:00 Chiropractor Is In *10:00-1:00* *Benefits Support w/ Phoebe* 10:00 – 2:00 Individual Computer Instruction 10:00 Walking Club 10:00 Dominoes 10:00 Jewelry Making 10:30 Sit and Get Fit 11:00 Herbal Wellness Talk 1:00 Bingo 5:00 Cardio Exercise Class 5:30 Bible Study 6:00 Line Dancing	5 9:00 Pinochle Club *10:00-1:00* *Benefits Support w/ Phoebe* 10:00 Walking Club 10:00 Dominoes 10:30 Gospel Aerobics 11:00 Chair Yoga 11:00 Tap Dancing 11:00 Pokeeno 1:00 *Zumba* 1:00 Bingo	6 9:00 Pinochle Club 9:00 Legal Aide/APPRISE 9:00 Chiropractor Is In 10:00 Walking Club 10:00 Wellness Center 10:00 –1:00 Individual Computer Instruction 10:30 Sit and Get Fit 10:30 Census 2020 Presentation *11:00 Bible Study* 11:00 Ceramics 1:00 Special "VEGGIE" Bingo 1:00 Line Dancing	7 9:00 Pinochle Club 9:00 Creative Paper Crafting 10:00 Walking Club 10:00-1:00 Sewing Class 10:30 Adult Coloring 10:30 Table games 1:00 Bingo
10 9:00 Pinochle Club 10:00 Dominoes 10:00 Adult Coloring 10:30 Mosaics *11:00 Zumba* 1:00 Watercolor Class 1:00 Pencil Drawing 1:00 Bingo	11 9:00-7:30 Pinochle Club 9:00 Chiropractor Is In 10:00 – 2:00 Individual Computer Instruction *10:00-1:00* *Benefits Support w/ Phoebe* 10:00 Walking Club 10:00 Dominoes 10:00 Jewelry Making 10:30 Sit and Get Fit 11:00 Jingo 12:00 Card Making Class 1:00 Bingo 5:00 Cardio Exercise Class 5:30 Bible Study 6:00 Line Dancing	12 9:00 Pinochle Club *10:00-1:00* *Benefits Support w/ Phoebe* 10:00 Walking Club 10:00 Dominoes 10:30 Gospel Aerobics 11:00 Chair Yoga 11:00 Tap Dancing 11:00 Wii Bowling 1:00 *Zumba* 1:00 Bingo	13 9:00 Pinochle Club 9:00 Legal Aide/APPRISE 9:00 Chiropractor Is In 10:00 –1:00 Individual Computer Instruction 10:00 Walking Club 10:00 Wellness Center 10:30 Sit and Get Fit *11:00 Bible Study* 11:00 Vision Care Talk & Free Eye Glass Cleaning 11:00 Ceramics 1:00 Big Bingo 1:00 Line Dancing	14 **GET FIT CHALLENGE PART III** **February 14-28** 9:00 Pinochle Club 9:00 Creative Paper Crafting 10:00 Walking Club 10:00-1:00 Sewing Class 10:30 Adult Coloring 10:30 Table games 10:30 – 12:00 To Live Your Best Life Club 1:00 Bingo ***Happy Valentine's Day!***
17 ***CENTER CLOSED***	18 9:00-7:30 Pinochle Club 9:00 Chiropractor Is In 10:00 Walking Club *10:00-1:00* *Benefits Support w/ Phoebe* 10:00 – 2:00 Individual Computer Instruction 10:00 Jewelry Making 10:30 Sit and Get Fit 11:00 Palliative Care Overview 12:30 Red Hatters 1:00 Bingo 5:00 Cardio Exercise Class 5:30 Bible Study 6:00 Line Dancing	19 9:00 Pinochle Club *10:00-1:00* *Benefits Support w/ Phoebe* 10:00 Walking Club 10:00 Dominoes *10:00 Gospel Aerobics* *11:00 Chair Yoga* 11:00 Tap Dancing 11:00 Pictionary 12:30 Book Club 1:00 *Zumba* 1:00 Bingo	20 9:00 Pinochle Club 9:00 Legal Aide/APPRISE 9:00 Chiropractor Is In 10:00 –1:00 Individual Computer Instruction 10:00 Walking Club 10:00 Wellness Center 10:30 Sit and Get Fit 11:00 – 12:00 Herbal Wellness Presentation *11:00 Bible Study* 11:00 Ceramics 1:00 Bingo 1:00 Line Dancing	21 9:00 Pinochle Club 9:00 Creative Paper Crafting 10:00 Walking Club 10:00 -12:00 Chester's Rich Black History w/ Twyla Simpkins 10:00-1:00 Sewing Class 12:00 Soul Food Luncheon ($5 Fee)
24 9:00 Pinochle Club 10:00 Dominoes/Table Games 10:00-3:00 BINGO MARATHON 10:30 Mosaics 1:00 Watercolor Class 12:30 Pencil Drawing	25 9:00-Pinochle Club 9:00 Chiropractor Is In *10:00-1:00* *Benefits Support w/ Phoebe* 10:00 – 2:00 Individual Computer Instruction 10:00 Walking Club 10:00 Dominoes 10:00 Jewelry Making 10:30 Sit and Get Fit 11:00 Tenant Law Presentation 12:00 Card Making Class 1:00 Bingo 5:00 Cardio Exercise Class 5:30 Bible Study 6:00 Line Dancing	26 9:00 HARRINGTON CASINO TRIP 9:00 Pinochle Club *10:00-1:00* *Benefits Support w/ Phoebe* 10:00 Walking Club 10:00 Dominoes *11:00 Chair Yoga* 11:00 Tap Dancing 11:00 Wii Bowling 1:00 *Zumba* 1:00 Bingo	27 9:00 Pinochle Club 9:00 Legal Aide/APPRISE 9:00 Chiropractor Is In 9:00 Computer Room 10:00 –1:00 Individual Computer Instruction 10:00 Walking Club 10:30 – 12:00 To Live Your Best Life Club 10:30 Sit and Get Fit *11:00 Bible Study* 11:00 Ceramics 1:00 Big Bingo 1:00 Line Dancing	28 9:00 Pinochle Club 9:00 Computer Room 9:00 Creative Paper Crafting 10:00 Walking Club 10:00 Dominoes 10:00 Adult Coloring 10:00-1:00 Sewing Class 11:00 – 1:00 Birthday Celebration With Mr. Harry Jackson
			SCS SENIOR COMMUNITY SERVICES NISC NATIONAL INSTITUTE OF SENIOR CENTERS	**For Further information or to volunteer, visit 721 Hayes Street, Chester, PA Call 610-497-3550 or visit our website www.scs-delco.org**

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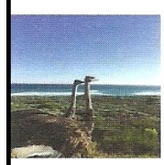

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